

# Working with Voices

## The Hearing Voices Approach with Trevor Eyles



Based on the revolutionary work of Romme, Escher and Hage in Holland in the 1980s, the Hearing Voices Movement has spread across the globe in recent years, particularly in Denmark.

This approach is based on the understanding that the content of the voices usually reflects a person's life experiences, and that people who hear voices generally have untapped expertise in de-coding the personal meaning of these sometimes distressing, but meaningful, experiences.

Participants enrol in these workshops as working pairs – a voice hearer who wants to work on living well with distressing voices and a partner who wants to develop skills in this way of working. The fees below are for both, and the partner could be a clinician, support or peer worker.

This is a unique opportunity for people to gain experience with the Hearing Voices approach in a safe and well supervised setting, lead by a widely recognised expert.



Hearing Voice groups in Denmark

Trevor Eyles is originally from the UK and trained as a mental health nurse in the seventies. He has been working in community psychiatry in Aarhus, Denmark for 15 years, where he has trained and worked extensively in the Hearing Voices Approach, Voice Dialogue and Open Dialogue.

In 2008 he was appointed as the Hearing Voices Consultant in his community mental health service and now spends his time working with individuals and as an in-service trainer for many mental health services in Denmark and across Europe and supporting hearing voices groups across Denmark. He is a Board member of the Danish Hearing Voices Network, and has been an invited keynote speaker at various conferences (Prague 2008, Berlin 2008, Perth 2009, Belfast 2010, Copenhagen 2014, Malta 2014 and Poland 2015).

Trevor will be offering workshops in two formats on this trip:

- One day workshops focus on the Maastricht Interview for Voice Hearers
- Three Day workshops move from the Interview to work directly with the voices, using the Voice Dialogue approach in a safe, well supported and supervised setting'

For more information or to express interest, please see email [psychosislinks@gmail.com](mailto:psychosislinks@gmail.com)

### In Melbourne

22 Feb 2016 – One Day Workshop

24-26 Feb 2016 (inc) – Three Day Workshop

TBA – Public lecture

Centre for Psychiatric Nursing  
Room 123,  
Alan Gilbert Building 161 Barry St  
CARLTON VIC 3053

### Who should attend?

- Mental health clinicians who would like to learn more about the Hearing Voices approach.
- Psychiatrists, psychologists, social workers and OTs with an interest in psychological approaches to psychotic symptoms, and especially those who work with voice hearers whose voices do not respond to medication

Go to [psychosislinks.net/workshops](http://psychosislinks.net/workshops) to register